



Tools For Action

A sample of physical education initiatives in Wisconsin

Weekly Newsletter

Contact Information

Main Contact Person
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Physical Education Teacher
School Name
Horizons School
School District Name
Appleton Area School District
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Program Information

Program Name
Weekly Newsletter
Program Category
Communication or promotional ideas for PE programs
Grade Level
K-2; 3-5; 6-8
Assessment Method
Participation rates (number of students involved)

Program Information

Products Developed or Materials Used:

Program Description:

Week newsletter updates parents with program information, intramural offerings, and health integration throughout the building!

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

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(Mary Pesik, Program and Grant Coordinator)